



ROMA – “Supporting Seniors in Rural Communities”

Jane Sinclair, General Manager, Health and Emergency Services

simcoe.ca

Supporting Seniors



Presentation Overview

- County of Simcoe - Aging Demographic
- Long-Term Care & Seniors Services
- Supporting Seniors in Rural Communities
 - Age-Friendly Community Planning
 - Campuses of Care
 - Community Paramedicine



County of Simcoe Population: 533,170 (Includes Barrie & Orillia)

65 years + **19.9% Simcoe County**
 18.5% Ontario
 19.0% Canada

31% of Simcoe County's population is 55+ (41% by 2041)

■ Wait lists for Senior's Housing

- 40% seniors on social housing wait list. (5 year wait time)
- Long-Term Care – 149 days
- Supportive Housing – 9 years

■ Paramedic Services

- 48% of all calls 65+



Health & Emergency Services



■ Long-Term Care Homes (LTCH)

- 4 LTCH - 544 Beds (+50)
- Behavioural Support Ontario
 - BSTU / GMH
- Convalescent Care
- Peritoneal Dialysis
- OTN – Digital Coordinator

■ Seniors Services

- Continuum of Housing (6+2)
- Community Services (ADP / Mobility Clinics / MOW / Home Care)
- Health & Wellness Services & Amenities
- Age-Friendly Community Planning





LONG TERM CARE
AND SENIORS SERVICES

2018-2023

Age-Friendly Planning Framework

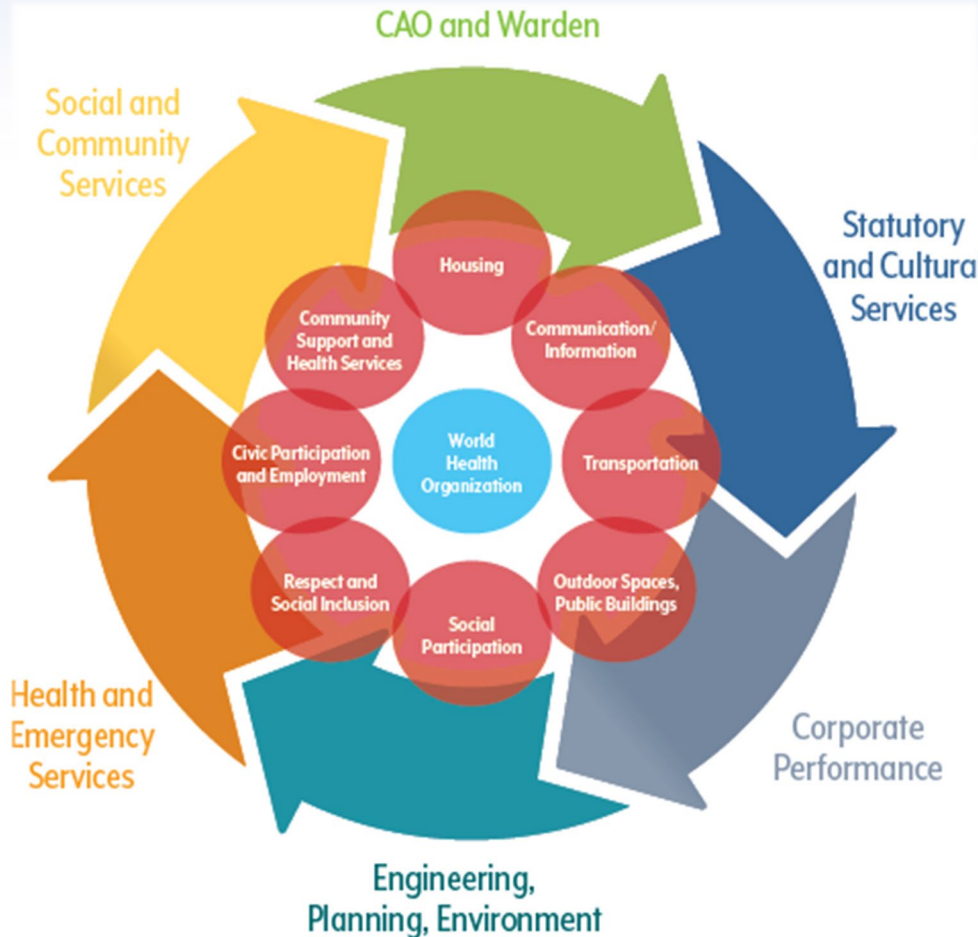
Simcoe County Positive Aging Strategy:

Older Adults Strengthening our Communities



Let's build an Age-friendly Simcoe County together by valuing and supporting older adults in our communities, and, at the same time, celebrating diversity, refuting ageism and reducing inequities by recognizing their contributions to our region





4 Predominant Themes

1. Transportation
2. Communication / Information
3. Affordability
4. Accessibility

141 Actions identified:

51 In Progress

41 Short Term (1 year)

37 Medium Term (2-3 years)

12 Long Term (3-5 years)



Age-Friendly Communities



Bench Seating Program

County's Official Plan



AFC Business Tool / Recognition Program



AFC Municipal Grant



Building a Campus Model



8 Key Components:

- Aging at Home
- Socialization
- Housing Options
- Suite of Services
- Community Hub
- Partnership & Collaboration
- Seniors Outreach
- AFC Principals



Building a Seniors Campus

A sustainable model to support positive aging and strengthen our communities

Jane Sinclair, RN, BScN, MN

General Manager, Health and Emergency Services



November 2017

Georgian Village



New age 'sixty-plus' adult lifestyle community in Penetanguishene offering a unique opportunity that enhances residents health and vitality while providing a choice of housing and care options.

- 17 life lease garden homes
- 40 life lease / rental apartment
- 40 affordable housing units
- 42 retirement units
- 146 long-term care beds
- Convalescent Care
- Behavioural Support Transition Unit

Community Centre (Rendezvous)
Adult Day Program / Meals on Wheels



Community Health and Wellness



- Rendezvous Community Centre
 - Adult Day Program
 - The Village Clinic (family health team)
 - Hearing Aid Clinic
 - Beauty salon
 - Lab services
 - Fitness centre and therapeutic pool
 - Community greenhouse and gardens
 - V.O.N. SMART Program
 - Rendezvous Bistro / Village Pub
 - Piano lounge / billiards
 - Public library branch
 - Woodworking shop
 - Bocce ball, shuffleboard, and golf greens
 - Walking trails
 - Red Cross Meals on Wheels
 - Francophone Services
 - Georgian College – Student Practical Nursing Program







Simcoe Village



Community Paramedicine



■ 911 Referrals

- Paramedics assess & identify patients with unmet health and social needs
- All referrals are reviewed and submitted to partner organizations including 211, Home and Community Care, CMHA and our CP Home Visit Program
- Approximately 100 referrals per month (65% services initiated)



Community Paramedicine

- Vulnerable Populations
 - Scheduled Wellness Checks
- Home Visit Program
 - MLTC Funding
 - Roster 600 and growing
- Congregate Settings
 - Social Housing
 - Long-Term Care Homes
 - Retirement Homes



Summary



It Takes a Village ...

- Access to Services
- Increasing Capacity
- Innovation in Health & Social Service Delivery
- Strengthening Partnerships
- Building Communities

